



# Great Food, Freshly prepared and cooked on site

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice 1	Pork Meatballs in Tomato Sauce	Chicken Pie	Roast Beef with Yorkshire Pudding and Gravy	Minced Beef and Dumpling	Breaded Oven Baked Fish Fingers
Main Choice 2	Cheeseburger in a Bun	Quorn Curry	Chicken Goujons	Cheese or Ham Omelette	Cheese and Tomato Pizza
Lighter Choice	Selection of sandwiches Pasta with cold fillings Salad bar	Selection of sandwiches Jacket potatoes with cold fillings Salad bar	Selection of sandwiches Pasta with cold fillings Salad bar	Selection of sandwiches Jacket potatoes with cold fillings Salad bar	Selection of sandwiches Pasta with cold fillings Salad bar
Accompaniments <small>Seasonal substitutions may occur</small>	Baked wedges Sweetcorn Spaghetti hoops	Rice Mashed potatoes Garden peas Carrots	Roast potatoes Broccoli Carrots	Baby potatoes Carrots Sprouts	Chips Garden peas Spaghetti hoops
Traditional Dessert	Shortbread with fruit wedge	Hot chocolate fudge cake and custard	Flapjack with fruit wedge	Jelly with fruit	Chocolate crispie cake
Healthy Option Dessert	Whole pieces of Fresh Fruit or Chopped Fruit Salad or Tinned Fruit or Yogurt				
Available Daily	Drinking water, milk and bread				





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<b>Week 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Main Choice 1	Oven Cooked Pork Sausage	Minced Beef and Onion Pie	Roast Chicken with Yorkshire Pudding and Gravy	Minced Beef and Dumpling	Breaded Oven Baked Fish Fingers
Main Choice 2	Oven Baked Chicken Burger in a Bun	Pasta with Baked Bean Tomato Sauce	Omelette with Cheese or Ham	Quorn Curry with Rice	Cheese and Tomato Pizza
Lighter Choice	Selection of sandwiches Pasta with cold fillings Salad bar	Selection of sandwiches Jacket potatoes with cold fillings Salad bar	Selection of sandwiches Pasta with cold fillings Salad bar	Selection of sandwiches Jacket potatoes with cold fillings Salad bar	Selection of sandwiches Pasta with cold fillings Salad bar
Accompaniments <small>Seasonal substitutions may occur</small>	Baked wedges Baked beans Garden peas	Mashed potatoes Carrots Sweetcorn	Roast potatoes Garden peas Cauliflower Carrots	Rice Mashed potato Broccoli Sweetcorn	Chips Garden peas Spaghetti hoops
Traditional Dessert	Shortbread with fruit wedge	Flapjack and custard	Sponge and custard	Homemade crunch biscuit with slice apple	Chocolate sponge and custard
Healthy Option Dessert	Whole pieces of Fresh Fruit or Chopped Fruit Salad or Tinned Fruit or Yogurt				
Available Daily	Drinking water, milk and bread				





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<b>Week 3</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Main Choice 1	Corned Beef Pie and Gravy	Chicken Curry	Roast Turkey, Stuffing and Yorkshire Pudding and Gravy	Cottage Pie	Breaded Oven Baked Fish Fingers
Main Choice 2	Cheese and Onion Quiche	Cheese and Tomato Pizza	Omelette with Cheese or Ham	Baked Quorn Sausage	Cheeseburger in a Bun
Lighter Choice	Selection of sandwiches Pasta with cold fillings Salad bar	Selection of sandwiches Jacket potatoes with cold fillings Salad bar	Selection of sandwiches Pasta with cold fillings Salad bar	Selection of sandwiches Jacket potatoes with cold fillings Salad bar	Selection of sandwiches Pasta with cold fillings Salad bar
Accompaniments <small>Seasonal substitutions may occur</small>	Baked wedges Carrots Garden peas	Rice Roast potatoes Baked beans Sweetcorn	Mashed potatoes Broccoli Carrots	Baby potatoes Carrots Sprouts	Chips Garden peas Spaghetti hoops
Traditional Dessert	Homemade ginger biscuit with fruit wedge	Ice Cream	Sponge and custard	Jelly with fruit	Chocolate sponge and custard
Healthy Option Dessert	Whole pieces of Fresh Fruit or Chopped Fruit Salad or Tinned Fruit or Yogurt				
Available Daily	Drinking water, milk and bread				

